



*“Remove the curtain  
between you and Me”*



Meditation is forgetting yourself  
and becoming Myself.  
I am nothing but pure love.  
Fill every cell of yours with My Love  
and feel My bliss enter.  
To realise you as Me is true meditation,  
Learn to give love.  
Give love, give love!  
Do good!  
Close your eyes,  
and hear My words of encouragement.  
When you do good,  
This is nothing but the beginning of  
My communication with you.  
Strengthen this communication with Me,  
through your good actions.  
This in turn will give you peace.  
When your mind is calm and heart is full of love,  
your meditation will be automatic.

- Sri Sathya Sai

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## **Preface**

*On this auspicious and holy occasion of  
Yugadi (Gudi Padva),  
we offer our most humble Pranaams  
at the Divine Lotus Feet of our  
Lord and Master - Sri Sathya Sai...!*

*Loving Sairam and Greetings to all of you...!*

The Phenomenon of His Divine Holiness Sri Sathya Sai, has generated an unprecedented interest and yearning in the entire mankind over the Globe to know more about Him. He has emerged as the most highly revered and widely acclaimed socio-spiritual leader of the 21<sup>st</sup> Century.

The message of Sri Sathya Sai has blended all creeds into a Religion of Universal Love. In His Divine presence, the rich and the poor, the poet and the politician, the sinner and the saint, live in close harmony.

His message of love has spread smiles across countries and cultures, religions and races, teaching mankind the importance of good thoughts, words and deeds. He has constantly shown by example the true meaning of our very existence and His words continue to transform lives everywhere.

Always a believer of action rather than just words, His contribution to the society is both enriching and enlightening. Sri Sathya Sai is perhaps the only individual who has single handedly built and nurtured some of India's best education and medical facilities and social service projects that are world-renowned today. His selfless endeavour to help millions, take the first step on the righteous path continues to convert fear and weakness into courage and joy.

His life is indeed a message of pure love which, if read by more people, would lead to more joy and eternal happiness.

Being conscious of your sensitivity to the cause of individual happiness and World Peace, it is indeed my privilege to share with you, a few notes in this small presentation which highlight the unique and exemplary Life, Message and Mission of Sri Sathya Sai and the immense contribution made by Him in the field of spiritual and social transformation of mankind.

We all know that Sri Sathya Sai is Omnipresent. But how do we actually practice and experience this commandment in our day-to-day life? This was one question, which I wanted to unravel myself after being in His immediate presence for over four decades. Although we all make this statement casually all the time, we do not understand that this is the ultimate truth, which we are all trying to realise throughout our lives.

This presentation provides answer to the moot question 'What does Omnipresence mean, what are its deep implications for a spiritual aspirant and what are the benefits of practicing and experiencing His Divine Omnipresence.

On this occasion, let me express my profuse thanks and place on record my sincere appreciation for my colleagues Principal (Dr.) Shripad Zarapkar, Sri Surendrababu Pillai and Sri Sudhir Joshi who have contributed their best in terms of inputs and other logistics in this presentation.

I humbly pray that the guiding light of His Holiness Sri Sathya Sai will lead us to attain our inherent Divinity and lead us further onto the path of establishment of Peace in the World.

With warm regards,

**Yugadi (Gudi Padva)**  
**Friday, March 27, 2009.**  
**Prashanti Nilayam**

*Indulal Shah*

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## **SRI SATHYA SAI**

# **THE GOD INCARNATE AND HIS UNIVERSALITY**

**W**e have read in scriptures that 'God is Almighty', 'God is all-pervading', 'God knows everything'. In other words, God is Omnipotent, Omnipresent and Omniscient. These three qualities of Omnipotence, Omnipresence and Omniscience are fundamental attributes of God. But these three qualities are not mutually exclusive. They are not qualities different from each other. If we ponder over these qualities, we will realise that they are expressions of the same principle viz. Universal Consciousness. This principle is declared by many Vedic aphorisms such as

*Sarvam Khaloo Idam Brahman*  
*Ishavasya Idam Sarvam*  
*Pradnyanam Brahman*

This Universal Consciousness is the Original Energy which is Attributeless (*Nirguna*) and Formless (*Nirakaar*). No energy has a gross form (*Guna*) and a shape (*Aakaar*). We always experience this in the case of manual energy, mechanical energy, electrical energy and atomic energy—energies so far known to man. But what is the source of all these energies? It is Universal Consciousness (*Vaishwatmak energy*) which itself has no source. It is self-generating. It is not created. Anything, which is created, will be sustained for some period and finally dissolved. But Universal Consciousness is not 'created' and therefore it remains. On the contrary it creates everything else. Conceptions of Time, Space and Causations are its creations.

Since it creates everything else, it dwells in everything. Therefore, it is all- pervading –Omnipresent.

Since it creates everything, it has creative power for everything – Omnipotent.

Since it creates everything, it is conscious of everything – Omniscient.

Essentially, therefore, though it is Attributeless (*Nirguna*) and Formless (*Nirakaar*), it creates Guna and Form. It is Subtlest but It can become Grossest. It is Unmanifest but it can become Manifest. The Grossest and Manifest forms are its expressions. Every such grossest and manifest form is its expression.

But if ever a Grossest and Manifest form exhibits all the three attributes of Universal Consciousness, viz. Omnipotence, Omnipresence and Omniscience in the fullest measure; the form is none other than God. The form is the Descent of Universal Consciousness and therefore it is called "*Avataar*". The *Avataar* is the manifestation of Universal Consciousness in a gross form so as to be understood by gross bodies. Such *Avataars* have descended in the past viz. (i) Matsya (Fish) (ii) Koorma (Turtle) (iii) Varaha (Boar) (iv) Narasimha (Lion-man) (v) Vaman (Dwarf) (vi) Parashuram (vii) Ram (viii) Krishna. All these *avataars* took up the human form to establish righteousness (*Dharma*), truth, and peace by destroying the evil doers who exploited mankind from time to time. But today selfishness has risen to such a height that evil-doing, wickedness, violence are being rampantly and universally employed to gratify the self-centered desires. The same original creative energy existing in every human being is now deluded by ignorance about the concepts of happiness, love, peace etc., to remove which there is a need of one *Avataar* for one man!

The previous *Avataars* established righteousness and truth by destroying the wicked demons and evildoers. But today the times have changed. We need today an *Avataar* who will transform the

evils into virtue, destructive attitude into constructive actions, negativity into positivity, diversity into unity, competition into co-operation, hatred into love, falsehood into truth, violence into peace, wealth into wisdom, pollution into purity, and finally animality into humanity and divinity.

We have such an *Avataar*; rather we are very fortunate to have such an *Avataar* in the form of Sri Sathya Sai who is working on a macro-universe scale aiming to attain Universal Peace and Love through the process of constantly churning the *Amrita-manthan* rod in the deepest heart on a micro-individual scale. Each one of us has Sri Sathya Sai as an *Avataar* within himself for uplifting ourselves. If we ignite this *Avataar* element residing in us, we will not need to see Him physically by going to Prashanti Nilayam for every small decision affecting our personal, professional, familial, organizational and societal problems. We will then realise that what is in us is equally in others also (Omnipresence), whatever we can do can also be done by others also (Omnipotence) and whatever we know can be known by others also (Omniscience). Such a realisation is possible if each one of us starts adhering to the Nine-Point of Code of Conduct and the Tenfold Pathway to Divinity as laid down by Sri Sathya Sai, in thought, word and deed. It is not difficult because as said earlier, a mini Sai Avtaar is already dwelling in every human being. By following such a practice the Sri Sathya Sai Seva Organisations in every district, state and country will become Sri Sathya Sai Peeths. These Sai Peeths will not act in contravention to other Peeths or Mutts since they envelope all religions, faiths irrespective of caste, creed and culture. All of them recognise all the faiths and religions because our beloved Sri Sathya Sai is the *Sarva Devata Swarup Avtaar*.

Sri Sathya Sai has already declared that in times to come, His *Leelas*, *Mahimas* will be manifest throughout the world. He wants us to develop Himself within us, so that each one of us through the understanding of His Omnipresence, Omnipotence and Omniscience can contribute for the completion of His Divine

Mission—one caste i.e. Universal Humanity, one religion i.e. Universal Love and one God i.e. Universal Divinity.

All the small and big branches of the vast Sri Sathya Sai Banyan Tree in the form of Bal Vikas Centres, Schools, Colleges, University, Bhajan Mandali, Seva Dals, Seva Samitis right from the village level to the world level must realise the Omnipresence, Omnipotence and Omniscience of our Beloved Sri Sathya Sai and take unanimous decision on every single issue by respecting high ideals such as self-sacrifice, co-operation, recognition of equanimity, full dedication with total surrender and a constant feeling of being a worthy instrument in the Divine Hands for His Cause.

*If there is one medicine that can  
relieve all suffering,*

*it is LOVE*

*If there is one thread that can  
weave a fabric of unity among  
mankind,*

*it is LOVE*

*If there is one path that can lead  
man to God,*

*it is LOVE*

*- Sri Sathya Sai*

## **SRI SATHYA SAI**

### **THE DIVINE ARCHITECT FOR WORLD PEACE**

**I**n the world's history, there is nothing more momentous than the birth of a great soul, be it in any field. It is these extraordinary births, from time to time, that ennoble the course of destiny, of nations and the world at large. India is a country with a spiritual heart. Down the ages, many great souls have taken birth, as if to fulfill some special spiritual destiny of the land. These souls led many from darkness unto light and instructed mankind on true knowledge knowing which everything is known. Today, more than ever, the world is in need of that purifying wisdom that can clarify and liberate. The world has been drawing upon unflinchingly from the storehouse of this wisdom Sri Sathya Sai.

Born at Puttaparti on November 23, 1926, Sri Sathya Sai began His divine journeys to reach out to the people spread out in all corners of India through extensive travels. Between 1942 and 1946, He travelled about 12,500 kms and from 1947 to 1956, He covered about 16,500 kms. But by August 1964, He had covered 85,000 kms. and in another 14 years, the total reached 1,90,000 kms. All this travelling was done mostly over unpaved dusty roads in a bewildering variety of motor vehicles. By end of December 1994, the total distance covered by Him was about 2,60,000 kms. After that, His travels reduced progressively and by 2005 it reached 2, 75,000 kms. These figures are estimates of His travels between cities or towns and do not include the distances travelled by Him within the city or town. If these figures were available, the total would in all probability exceed 3,00,000 kms. During His travels, He visited

about 243 major towns and most of the cities of India. This does not include His wayside halts.

It must be noted that Sri Sathya Sai did all this travelling, not because He could not stay at one place, but because people were crying out to GOD in anguish. He travelled to far off places in answer to their call, as He proclaimed on October 20, 1940.

It is clear that the staggering number of kilometers, which He logged up, was because Mother Earth was weeping and mankind was praying for His Divine Descent on Earth. It was the anguish and agony of His Devotees who were calling out to Him which brought Him back in our midst in flesh and blood. Sri Sathya Sai took birth with a specific Mission, but how was it to be accomplished? In the 40s, 50s, and 60s, radio and telecommunication systems were not as it is today. There was no television either. So how was the Divine Lord to reach out to the poor and suffering humanity and how was the presence of the Avatar to be made known? So our Beloved Sri Sathya Sai reached out to them, sacrificing comfort, convenience and health, to bring to the masses HIS message of hope, to comfort and reassure them, to uplift them and show them the right path. All along, He was setting a personal example for mankind to follow. It was thus that Sri Sathya Sai touched the lives of millions of people through His physical presence initially and this continues till today through His Divine Omnipresence. In fact, the entire Universe is bathed in His Omnipresence.

Sri Sathya Sai's grand design for reordering the world and making it a Haven of Peace and Bliss is based on His universal vision of the Oneness of Humanity and the Unity of Religions, the Brotherhood of Man and Fatherhood of God. To quote Sri Sathya Sai's own words "Sai has come in order to achieve the supreme task of uniting all of mankind as one family through the bond of brotherhood, establishing righteousness and teaching the principles of morality." This is the beginning of SAILENT Revolution in Moral Values.

## **Puttaparti-Abode of Sri Sathya Sai**

### **❖ The Global Village of Love**

The sea of humanity continuous to sweep people out of their pain and suffering at Puttaparti, the birthplace of Sri Sathya Sai. Nowhere else can one see people from different faiths and cultures all over the world come together in a harmonious communion and practice the true message of humanism under Sri Sathya Sai's guidance.

### **❖ The Nucleus of Care**

This tiny village of Puttaparti, which once did not even exist on the map of the Anantpur district in the State of Andhra Pradesh, India, is today abuzz with activity. It has now been blessed with an Airport, Railway Station, Educational Complex comprising of Schools, Colleges, Space Theatre, Sports Complexes, University and Cultural Complexes consisting of Museums on World Heritage and Cultures and on the life of Sri Sathya Sai. There are Medicare Institutions like General and Super Speciality Hospitals, giant prayer halls, a mosque, and homes for the aged and destitute, orphanages, playground of international standards, a state-of-the-art digital audio & video studio and round the clock satellite radio channel titled 'Sai Global Harmony', all of which have transformed this tiny village into a nucleus of love and care.

### **❖ Yeoman Educare, Medicare and Sociocare**

To fulfill just three little wishes of His pious mother Easwaramma- a school, a dispensary and a well for the village, Sri Sathya Sai has made the world His village. He has provided potable drinking water to drought-affected districts in the Indian States of Andhra Pradesh, Karnataka and Tamilnadu. The fruits of His relentless efforts today extend all the way from El Salvador, Latin America to the arid districts in Kampala in East Africa.

Sri Sathya Sai has also established three state-of-the art Super Speciality hospitals in Puttaparti, Bangalore and Rajkot in India that amply demonstrate the practice of medicare as a service

and not as a profession. These hospitals have become the role models for many medical institutions worldwide.

There also exist educational institutions offering free education from kindergarten to post graduate and PhD levels. The distinguishing feature of Sri Sathya Sai Education is that it is based on 3 HV viz. The Head, Heart, and Hand: The Head accounting for the intellectual side of education (i.e. the experimental base), the Heart accounting for the evolution of mind (i.e. the character development) and the Hands accounting for actions (i.e. the service to the people at large). Aimed at total personality development of students, this pattern of education executes the integration of Thought (Head), Word (Heart) and Deed (Hands). Besides 99 schools and a number of colleges in India, 35 countries in the world have established Sri Sathya Sai Schools.

Sri Sathya Sai has helped the rural populace by providing free housing to under-privileged sections in the society. Students from Sri Sathya Sai Educational Institutions have reached into remote villages and rendered yeoman service to the rural population by distributing food, clothing and shelter.

Always on the forefront to help one and all, the Sri Sathya Sai Service Institutions are the first to reach areas that are affected by natural calamities to provide quick relief and rehabilitation packages, be it floods, tsunami or earthquakes.

Through Peace Marches, the message of Sri Sathya Sai reaches the most remote regions of many countries.

Whether it is an education from KG to PG or whether it is a medical treatment from OPD to advanced tertiary care, or even something as basic as providing food, clothing and shelter—everything is extended absolutely free of cost to one and all without any discrimination of race, colour, caste, creed, religion, nationality or status. For carrying out these activities, no doubt

funds are necessary but no funds are being asked from members of the public nor donation boxes kept in the institutions. That's the majesty of Sri Sathya Sai Service Institutions, no matter where they exist.

### ❖ **The Global Venue for Global Harmony**

Puttaparti has been home to many global events like International Conference on strengthening Values Education, Cardiac Conferences and Seminars, IT Conferences, Spirit of Unity Cricket Match, World Conferences, National and International Music Concerts and Cultural Presentations, and the prestigious event of University Grants Commission's Golden Jubilee Seminar on "Promotion of Value Education and Ethics".

Sri Sathya Sai never makes any publicity of all the good work that he undertakes. News about his message of love, compassion, basic human values and outstanding Sociocare, reach many distant countries, as evident from the media reports available from time to time.

### ❖ **Sri Sathya Sai Service Institutions**

Founded under the guidance of Sri Sathya Sai, the Sri Sathya Sai Social Service Institutions are built on the bedrock of spiritual care and love for every human soul across continents.

The Sri Sathya Sai Service Institutions operate in all countries, across the globe.

Nowhere in the history of the world has any single individual established such a magnanimous task in his own lifetime. What's even more promising is that all these unique institutions have no membership fees and are governed by an unregistered charter for the conduct of their affairs. Collectively, these institutions represent the largest selfless, totally voluntary Service Corporation ever in the history of human race.

Under the Divine guidance of Sri Sathya Sai, the Sri Sathya Sai Social Service Institutions undertake Educare, Medicare, Sociocare and other humanitarian services all over the world.

The prime objective of the Bal Vikas (Child Development) Education is to inculcate human values at a very early age by specially trained teachers. To make this education an integral part of the education system the world over, Institutes of Education in Human Values to impart training to the teachers have been established at a number of Centres covering all five continents across the globe.

### ❖ **Sri Sathya Sai – One Soul with Many Divine Facets**

To millions, Sri Sathya Sai is not only a friend, philosopher and guide but also a Superhuman and Almighty personality performing multi-dimensional roles by serving the society as the Knowledge Facilitator, a Complete Leader, the World Redeemer, the Universal Communicator, the Social Architect of the Millennium and the Strategist- loving, serving and uniting all, at all times.

*“Let the different faiths exist, let them flourish, let the Glory of God be sung in all languages, in a variety of tunes, that should be the ideal.*

*Respect the differences between the faiths and recognise them as valid as far as they do not extinguish the flame of Unity”*

*– Sri Sathya Sai*

## **SRI SATHYA SAI**

### **TRINITY of OMNIPRESENCE, OMNIPOTENCE AND OMNISCIENCE**

Very often the terms 'Omnipresence', 'Omnipotence' and 'Omniscience' are loosely used to describe the qualities of God. Strictly speaking, God cannot be confined to any qualities, attributes, characteristics, features, forms and names. He is beyond all the qualities a human being can think of. That is why the Vedas proclaim Him as '*Neti, Neti*', meaning 'not this,' 'not this'. However, while performing Spiritual Sadhana (Practice), seekers come to know certain qualities or powers of God. They have described these powers as 'Omnipresence', 'Omnipotence' and 'Omniscience'.

The term '**Omnipresence**' implies that God is everywhere. He is in the entire Universe. He is smaller than the smallest electron and bigger than the biggest Universe. Sri Sathya Sai calls this as '*Anurenian, Mahato Mahian*'.

The term '**Omnipotence**' implies that God has total power. That is why God is called 'Almighty' i.e. having unlimited power. Nothing is impossible for Him. He has created Five Fundamental Elements viz., Earth, Water, Fire, Air and Space (Ether). With the help of these, He has created the entire Cosmos (i.e. the Universe seen as a well-ordered whole) as well as all the living and non-living objects. He has the power to create LIFE i.e., Living Entity. He creates it from Himself as a fraction of Himself. Such a Living Entity is called as 'Cell' or 'Jeeva'. He can introduce Mind, Intellect in different proportions in such cells. Accordingly there are different living

beings such as plants, trees, beasts, animals and human beings. Thus His 'Omnipotence' power relates to the power to create anything.

The term '**Omniscience**' suggests that God has knowledge of everything. He is aware of everything in this Universe. He is conscious of everything in this Universe. In fact, He is Universal Consciousness. Therefore, every object or body created by Him has consciousness. This consciousness is in different proportions in different bodies. In plants and trees, the consciousness is less as compared to that in beasts and animals because the degree of Mind in these bodies is less. In the case of human beings, God has blessed man with Mind and Brain along with Consciousness. As the Individual Mind of a Man is a part of Universal or Cosmic Mind of God, the thought generating process of the Individual Mind stems from the Cosmic Mind. Therefore, the Cosmic Mind already knows all our thoughts. It is for this reason that Sri Sathya Sai knows each and every detail of our thoughts and actions. In fact, the thought wave first starts from Him and is received by us next. But we, ordinary limited human beings, wonder how Sri Sathya Sai knows our thoughts and designs. In wonder, then, we call Sri Sathya Sai as Omniscient.

Having understood the meaning of the three terms namely, 'Omnipresence', 'Omnipotence' and 'Omniscience', it is clear that they are not mutually exclusive. In other words, these three terms mean the same thing. One cannot exist without the other. God (the Universal Consciousness) has created the universe and the objects out of Himself. So He has total creative power. Thus, He is Omnipotent. But all the objects are fractions created out of Him. So, He is spread everywhere. Thus, He is Omnipresent too. In each creation of His, there is Consciousness (which may differ in degrees), which means awareness or knowledge. Thus, He is Omniscient too.

The creative **Omnipotent is Lord Brahma.**

The expansive **Omnipresent is Lord Vishnu**  
(which literally means spread everywhere).

The all-knowing **Omniscient is Lord Shiva.**

There is evolution in the creation namely from a single Cell Amoeba to a Multiple Cell Manava (i.e. Man). The evolutionary process presupposes destruction of the earlier Cell (Jeeva) for creation of an improved Cell. The knowledge of this long-sustaining evolutionary process from one specie to another (84 lakhs as they say) till it finally merges in the Universal Consciousness is embodied in the Omniscient Shiva. It is here that there is unity between the Jeeva and Shiva.

Thus, the three terms Omnipotent, Omnipresent and Omniscient represent Trinity of Brahma, Vishnu and Shiva, i.e. Creation, Sustenance and Destruction. The three entities are not different. One leads to the other. They represent a chain. What is created is sustained till it is destroyed to emerge as a highly evolved new creation again and in this manner the chain continues.

Further, the three terms represent the three phases signifying the Divine Principle. The Omnipotent phase of the Divine Principle indicates '*Chit*' because the Chitshakti is the full Divine Power. The Omnipresent phase of the Divine Principle is '*Sat*' (Truth) because *Sat* is unchanging and eternal Truth of God. The Omniscient phase of the Divine Principle is '*Anand*' (Bliss) because God is full of Bliss. As Sri Sathya Sai is the Living God in human form, we notice the three phases of the Divine Principle in Him.

The Omnipresent phase of the Divine Principle is Truth because Truth is everywhere, unchanging and eternal. Sri Sathya Sai has declared time and again, 'I am Truth'. This is '*Sat*'.

The Omnipotent phase of the Divine Principle indicates Supreme Power i.e., Chitshakti so it is '*Chit*'. We know that Sri Sathya Sai's Sankalpa is Divine Power. Nobody can alter it. The Omniscient phase of the Divine Principle is Consciousness generated 'Bliss'

i.e., *Anand*. We all are witnessing continuous Anand on Sri Sathya Sai's face and sight, year in and year out.

Thus Sri Sathya Sai is Omnipotent, Omnipresent and Omniscient. Therefore, He represents the Trinity namely Brahma, Vishnu and Shiva. In effect, He is Satyam, Shivam and Sundaram. The connecting cord for all these three phases is of course Divine Love.

Thus, the three terms are complementary to each other. As Lord Vishnu has so far assumed nine incarnations (Avatars), in practice the term 'Omnipresence' is widely used to mean all the three. Let us, therefore, make a further detailed study of the concept of Omnipresence.

### **Omnipresence**

The concept of 'Omnipresence' has to be understood at four levels: Body, Mind, Intellect and Soul. The term 'Omnipresence' literally means 'presence everywhere'. When we say 'Sri Sathya Sai is Omnipresent' it means He is present everywhere at all these four levels.

**(1) Body Level:** Though Sri Sathya Sai is physically present at Puttaparti, He is really present everywhere even physically. What is required is our Vision. Thousands of devotees have narrated their experiences of having been relieved of their suffering and difficulties such as most complicated surgical operations conducted by Him, severe accidents during travels, criminal cases wrongly filed, physical appearances at more than one place at the same time, providing food continuously for sincere spiritual seekers and countless others. In fact, when an ardent devotee craves for His help from the bottom of his heart, He appears in the guise of some unknown person in a minute, performs the task and suddenly disappears and when the devotee meets Him at Puttaparti, may be after a few months, He narrates the entire episode to the minutest details only to bring out non-stop tears from the devotee's eyes acknowledging tremendous gratitude to Sri Sathya Sai.

Such instances prove that the entire Cosmos is in Sri Sathya Sai and at the same time He is in the smallest atoms of the entire Cosmos.

*Sarvatah Panipadam Tatsarvatoksi Siromukham  
Sarvatah Srutimalloke Sarvamavrtya Tisthati*

*(With hands and feet everywhere, with eyes, heads, mouths and ears everywhere, He exists enveloping all. He pervades through all these means.)*

**(2) Mind Level:** At the Mind Level, the statement implies that Sri Sathya Sai can be felt everywhere. For example, when you look at nature, i.e., greenery, range of trees, flowers, flowing water at streams or rivers, vast sea, sky and innumerable stars and planets, early sun-rise and sun-set, moon light, cool breeze, torrential rains and thunders, you enjoy all these scenes of nature. That is due to Omnipresence of God only. But His devotee, in particular, will experience Omnipresence of Sri Sathya Sai in those nature's scenes, because he experiences LOVE in all these scenes; rightly so, because Sri Sathya Sai is LOVE, IN and OUT.

Similarly, when Sri Sathya Sai's devotees come together and express love with each other, they feel very happy, joyful, energised, tension-free, unburdened – all this due to Omnipresence of Sri Sathya Sai. Springs of Love emerge in such gatherings making us forget about worries on account of day-to-day mundane material affairs. Is this not due to reflection of Love due to Omnipresence of Sri Sathya Sai?

Again, many a time when we get fully engrossed in selfless activities like Sri Sathya Sai Seva activities or discharge of family obligations or discharge of social service activities, we forget about time spent in these activities or execution of some important time-bound office work. We then develop fear as to the consequences of failure on our part to perform our bounden duties in time or in a specified manner. But then something or other happens at the other end and we are not

penalised or affected at all but on the other hand rewarded due to some benefit received by the other end. This miraculous recognition of our self-less and dedicated service is due to Sri Sathya Sai's Omnipresence at Mind Level.

**(3) Intellect Level:** We come across with various damaging, destructive, violent, anti-social, immoral events such as floods, earthquakes, devastating wild fire, inhuman terrorist activities, bomb explosions, colossal deaths of innocent persons, atrocities and inhuman exploitation of weak and feeble people. Even the occurrences of such events bear the testimony of the Omnipresence of God (i.e. Sri Sathya Sai).

Such events are the consequences of violation of natural laws, disequilibrium in the five elements (Earth, Water, Fire, Air and Ether) due to man-made selfish activities, violence caused for unlimited sense gratification, etc.

According to the Law of Karma, every event has a cause and every cause produces a similar and corresponding event. The operation of the Law of Karma is universally true. It requires no proof. It is based on the Law of Gravitation. Gravitation is a force of attraction. It is because of Gravitation that the entire galaxy of stars and planets is in equilibrium in the Cosmos. Rotation of the Earth around the Sun and that of many other celestial bodies *inter se* are regulated by the Law of Gravitation.

That is why we have various seasons such as winter, summer etc. on which human life depends. The equilibrium of the Five Elements is due to the Law of Gravitation. And this Law of Gravitation is due to the Omnipresence of God. Therefore, there is no trouble or disorder in the 'Kingdom of God'. But when it comes to human kingdom, there is disorder in the operation of the Five Elements. Since the Law of Karma makes no difference as to whether it is Kingdom of God or Kingdom of Man, it operates universally and objectively.

If one follows Truth and Righteousness in the conduct of affairs, he gets positive results leading to Fulfillment and Peace. The

Law of Karma is the Root based on the principle of Universal Truth. When it is blended with Righteousness (i.e. Dharma), it leads to Loving Fruit i.e. Peace. If one violates the Law of Karma, the consequence of this Violence has to be borne by the wrong-door.

That is why our Sri Sathya Sai is constantly advocating the five Human Values viz., Truth, Righteousness, Peace, Love and Non-violence. The happening of evil events due to evil causes is thus the result of divine operation of the Law of Karma i.e. in other words, the Omnipresence of Sri Sathya Sai who allows the Law of Karma to operate. Sri Sathya Sai's true devotees experience this omnipresence and therefore are inwardly dissuaded from performing evil deeds. Therefore, they are always happy and contented enjoying Sri Sathya Sai's Love and Benediction.

But Sri Sathya Sai is the Saviour of the entire mankind in as much as He makes the people aware of the Law of Karma that punishes them for wrongdoing. That is why; He proclaims 'Love All, Serve All', 'Be Good, See Good, Do Good', 'Help Ever, Hurt Never'. A layman can think that these slogans are ordinary statements of advice. But no! These proclamations are the signals of the Law of Causation, Law of Karma, and Law of Gravitation. These are warnings to the people ensuring Master Keys for peace and happiness. This is the interpretation of the term 'Omnipresence' from the angle of Intellect.

**(4) Soul Level:** Realised Masters, Highly Evolved Yogis, Saints and True Devotees experience the Omnipresence of Sri Sathya Sai at Soul Level. These highly evolved persons see divinity (i.e. Soul) in everything whether living or non-living. They see divinity in insects, ants, beasts, animals, trees, human beings and even inanimate objects like stones, metals etc. In fact, they experience divinity in all the Five Elements. For them, there is nothing non-living, non-divine etc. For example, when a dog lifted a Puranpoli (An Indian Sweet Delicacy), out of the plate of Saint Eknath Maharaj on a Shraaddha Day (the day on which

oblations are offered to the departed forefathers) and ran away, the Saint carried a pot of ghee (a milk product) and followed him fast shouting at the dog not to eat the Puranpoli dry but to mix it with ghee before eating it. He saw Lord Sri Pandurang in the dog. He saw himself in the dog. He did not see the animal in the dog. Dog is certainly an animal. All of us look at dog as animal. But Saint Eknath, restless as he was, to imagine that the dog would be uncomfortable while eating dry Puranpoli, saw God in the Dog! This is Omnipresence at the Soul Level.

Even Saint Tukaram used to converse with plants and trees as if they were his kith and kin. Such realised beings see equality (i.e. no 'other'-ness) or unity in all forms, places, and objects at all times. This is because, they experience Divinity (God) in everything, everywhere and every time. Finally they realise that they themselves have become all forms and places. For them, there is no separate Ram or Krishna or Mahavir or Buddha or Sai. For them, there is no separate religion like Hinduism, Christianity, Jainism, Zoroastrianism, Islam etc. For them, there is only one religion – the Religion of Humanity. They see Divinity in Humanity i.e. Omnipresence at Soul Level.

### **Sri Sathya Sai's Declarations**

In this context, it is necessary to recall that Sri Sathya Sai has made the following declarations:

1. There is only One Caste, the Caste of Humanity.
2. There is only One Religion, the Religion of Love.
3. There is only One God, He is Omnipresent.

Sri Sathya Sai is Himself the Incarnation of God. Being God Himself, He has elected to assume the human form to carry out His Sankalpa – His Divine Mission. Since He has taken the Human Form, we are talking about His Omnipresence, Omnipotence and Omniscience. Otherwise, God is beyond all qualities.

When Sri Sathya Sai says, "There is only one caste, the caste of humanity", He refers to the concept of His Omnipresence at Body

Level. When Sri Sathya Sai says, "There is only one religion, the religion of Love", He signifies the concept of His Omnipresence at Mind & Intellect Level. When Sri Sathya Sai says, "There is only one God, the God is Omnipresent", He illumines the concept of Omnipresence at Soul Level. The God is Omnipresent – and it is SRI SATHYA SAI Himself!

### **Different Paths**

Our Sri Sathya Sai is LOVE INCARNATE. He is Love, in and out. Therefore to reach Him, to experience Him, we must Love Him. If we Love Him, we will get back Love only, accordingly to the Law of Karma explained earlier. The process is, therefore, very simple. There is nothing else to be done except to Love Him. All the earlier Incarnations and Realised Beings, Saints, Yogis, Sadhus have advocated different paths to attain Godhood i.e. to attain Self-Realisation and Realisation of God. Broadly speaking, the paths of Sadhana to God-Realisation are Karma, Yoga, Bhakti and Jnana.

All these paths presuppose duality between Man and God. The spiritual aspirant thinks that he has to do 'Something' concrete to achieve God, much like he has to do work in order to get money, or he has to study to get a degree, or he has to get a degree to get a job, etc. In Karma Sadhana, he has to perform pooja (worship), yagnya, yaag, recitation of Holy Scriptures, etc. In Yoga Sadhana, he has to do Aasanas (yogic postures), Pranayam (Breathing exercise), Dhyaan (Meditation) etc. In Bhakti Sadhana, he has to sing the glory of God, worship God, do namasmarana, japa, etc. In Jnana Sadhana, he has to study Vedanta, Upanishad etc. and start enquiring within as to 'Who am I' (*Koham*). He has to discuss and ponder over the teachings of the scriptures, to do Swadhyay in the company of the Guru and other disciples.

In all these paths of Sadhana, there is a wall between the seeker and the God. Therefore, they are fraught with difficulties, dangers and delays in the accomplishment of the objective. The seeker may leave the path halfway, may get disappointed by a Guru and therefore leave him. He may fall prey to sensory temptations like lust, anger, greed, attachment, ego and jealousy (the six enemies).

This does not mean that the paths are wrong. All paths go to Sri Ram, the Divinity. But what are necessary are Unconditional Faith, Total Surrender and Love.

### **Sri Sathya Sai's Path of 'Love'**

As against the traditional paths, Sri Sathya Sai advocates the simplest path of LOVE, PURE LOVE, DIVINE LOVE to realise Divinity. This path is very easy and simple, but in reality, people find it very difficult. This is because they are not fully aware of the concept of LOVE. Love is a Divine quality. It is the very nature of God. As Sri Sathya Sai says He has withdrawn Himself from himself to LOVE Himself. Love begins from duality and ends in divinity i.e. unity. Love is a gravitational force between two objects having similar ingredients. The common denominator is Atma, the Soul, and the Divine Spark. It is in every body. When one realises the same spark in other, the gravitation takes place. Every spark radiates energy. When the orbit of the energy of one spark is close to the orbit of the energy of another spark, attraction i.e., Love (Aakarshan, i.e. Krishna) generates.

Two persons love each other because the radiating energy of the two divine sparks dwelling in their hearts attracts each other. In due course, one realises that what is in him is in the other too. Their bodies may be separated but their minds agree with each other. There is a lasting bond between the two minds. This bond is a conductor of energy just as a copper wire is a conductor of electrical energy. When one falls in a mental agony due to some incident, the other though separated by distance comes to know about it. When the two come together, they talk about the same thing. Love at human level between two persons may be brother's love or sister's love or husband's love or mother's love or so. These types of love are basically based on attachment involving some selfish interests.

However, in general, mother's love is to a large extent self-less love. Mother's love is based on sacrifice. She raises the child since pregnancy with no or very little selfish interests. Therefore her love is of a higher category. However human love is of a limited nature. This is because the divine sparks (Souls) dwelling in human

hearts are covered with impressions on them gathered over a number of previous births. Different types of vicious energy get stuck over the Souls during several births. This vicious energy is to be removed in order to get Self-illumination. This vicious energy creates bad thoughts, emotions, feelings etc. Traditional Spiritual Sadhana as mentioned can let it out earlier. But Sri Sathya Sai helps the devotees to **Let Out Vicious Energy** just by his loving sight i.e. through His Omnipresence. When He calls upon us to LOVE, He in fact asks us to **Let Out Vicious Energy (LOVE)**! Because we can LOVE only when we let our vicious or virus energy out. If we leave this virus energy, we can LIVE happily because in that case we **Let In Virtuous Energy (LIVE)**.

What all that we have to do is to follow his teachings with Unconditional Faith and Total Surrender. Looking Sri Sathya Sai in everybody can generate Love. And this is not wrong, because Sri Sathya Sai is in everybody since He is Omnipresent. The main difference between Traditional Paths (viz., Karma Yoga, Bhakti Yoga and Jnana Yoga) and Sri Sathya Sai's path of LOVE is that in the former case the experience of Omnipresence i.e., divinity everywhere, comes as a result of rigorous life- long Sadhana (with all the attendant dangers, disappointments and delays) while in Sri Sathya Sai's path of Love we start experiencing that identity between Humanity and Divinity, right from the beginning of our spiritual practice and with the blessings of Sri Sathya Sai, the Divine Guru (as against the Realised Master who may be called Deemed Divine Guru), we get fully transformed in Body, Mind, Intellect and Soul.

There is certainly a thread line difference between a Realised Master and Sri Sathya Sai because Sri Sathya Sai being God i.e., an Incarnation has all the sixteen characteristics usually attributed to Avatars: the five senses (Seeing, Hearing, Smelling, Testing and Touching), Mind, Intellect, Chitta, Ego, which human beings possess, plus seven unfailling characteristics of Avatars: Splendour, Prosperity, Wisdom, Non-attachment, Creation, Preservation and Destruction. In this connection Sri Sathya Sai says,

*Willing is superfluous for Me; My grace is ever available to devotees who have steady love and faith. Since I move freely among them,*

*talking and singing, even intellectuals are unable to grasp My truth, My power, My glory or My real task as avatar. I can solve any problem, however difficult. I am beyond the reach of the most intensive inquiry and the most meticulous measurement. Only those who have recognised My love and experienced that love can assert that they have glimpsed My reality. For, the path of Love is the royal road that leads mankind to Me.”*

*“Do not attempt to know Me through the external eyes. When you go to a temple and stand before the image of God you pray with the closed eyes, don't you? Why? Because you feel that inner eye of wisdom alone can reveal Him to You.”*

We are, therefore, highly lucky to have been born during this Incarnation period of Sri Sathya Sai. It is in our hands to follow the Divine Path of Love in thought, word and deed. Sri Sathya Sai assures the rest. Apart from the pursuits towards Realisation of Self (i.e., Nivrutti), Sri Sathya Sai's path of LOVE grants benefits on temporal (i.e., Pravrutti), mundane and worldly level also.

This is because the Omnipresence of Sri Sathya Sai cannot favour one side at the cost of the other. However, the attitude of Sri Sathya Sai's true devotee, once blessed by Him, is neutral to the happening of the nature of events. There is nothing good or bad for him. He is neither overjoyed by a so-called good event nor unnerved by a so-called bad event. He takes the happening of every event as a gift from Sri Sathya Sai – may be as a Reward or as a Repair. He envisions Sri Sathya Sai in both the events in a very natural manner.

In conclusion, we must realise and experience the Trinity of Sri Sathya Sai in terms of His Omnipresence, Omnipotence and Omniscience representing as Brahma, Vishnu and Shiva, manifesting Sat, Chit, and Anand by showing the loving and graceful rays of Satyam, Shivam and Sundaram on the entire mankind of this planet.

Our responsibility is simply to follow His Divine Path of Love at body level, mind level, intellect level and soul level. This is not difficult at all; if we firmly believe in the truth that Sri Sathya Sai is constantly dwelling in our heart.



## **LOVE – A DIVINE MASTER KEY**

In today's world, for an ordinary human being to be in touch with constant communion with this Almighty Power of GOD means many things to many people. To some, it is merely lighting a lamp and remembering Him by whichever way he or she wishes and by visiting temples, shrines, mosques, churches, synagogue, et al, and worshipping HIM and adoring HIM through the innumerable modes and means of worship, some simple, some complex, some extremely difficult and painful, some extremely orthodox and rigorous and some through singing His Glory and through Selfless Service.

Man, has over thousands of centuries worshipped GOD. Reams and Reams of writings and literature are available all over the Globe in thousands of cultures and races on this topic called GOD. The fact of the matter is that ...Man has made GOD so complicated, although in truth GOD is so simple!

What therefore is the Truth of this Reality called GOD and where have we to look out for Him and in what form does He come amongst us. A little dissection seems imminent here. The basis for the visible, lies in the invisible. We see a huge tree spreading its branches and leaves in numerous directions, but we do not see the roots, which is the sustenance and support. Similarly, we look at a beautiful building, little realising the basis of the building, which lies in the foundation lying beneath the earth. Again, during our lifetime, we assume that we are the physical bodies, although factually it is not so.

God is Omnipresent, Omnipotent and Omniscient. But we are focused on the body and we do not know the God within us. Just as we breathe but we are not aware of it till we are short of breath,

so also God is with us, in us and around us but we do not know or experience Him. He is in us in the form of Atma, a spark of the universal spirit. Universal spirit is all pervading; it envelops the whole universe and us. Atma is the individual spirit.

Till now, several Avatars, both Amsa Avatars (i.e. partial or with limited powers) and Poorna Avatars (i.e. with all the powers vested by God himself) have taken birth on this Spiritually Fertile Land of Bharat, some of the most easily known forms like Sri Ram and Sri Krishna, whose fame and glory still rules our minds and hearts and several others like Lord Jesus Christ, Lord Mahavir, Lord Zarathustra and Lord Buddha, et al. The names and forms of GOD and his messengers are endless.

We Devotees are extremely fortunate to be living at a time span when the Greatest Incarnation of God, a Poorna Avatar with all the majesty, magnificence and the Brilliance of a Thousand Suns, wielding the unique master key of 'PURE DIVINE LOVE' is walking in our midst for over eight decades. Sri Sathya Sai made his advent into the world from the highest heavens in Human Form, as an Avatar to build a 'Rainbow Bridge' between God and Man.

Srimad Bhagavad Geeta speaks of the continuous activity of the Divine. *"Wherever there is a decline of righteousness and rise of unrighteousness, then I send forth (incarnate) myself."* The truth is **'God became man in order that we might become Divine'**. The Incarnation is an act that goes on in a continuum and God takes human form to be a part of the history of the world. This activity of the Divine will not cease until the whole world becomes one divine incarnation and there is overflowing Love everywhere.

Sri Sathya Sai's grand design for reordering the world and making it a Haven of Peace and Bliss is based on His universal vision of the oneness of humanity and the unity of religions, the brotherhood of man and fatherhood of God. To quote Sri Sathya Sai's own words ***"Sai has come in order to achieve the supreme task of uniting all of mankind as one family through the bond of brotherhood, establishing righteousness and teaching the principle of morality."***

## Omnipresence of Sri Sathya Sai

### What is its spiritual meaning?

Briefly, Sri Sathya Sai's Omnipresence in simple words means His Divine Unconditional Love. Because Sri Sathya Sai is the Poorna Avatar of this Age – a Divine Incarnation with all the attributes of GOD Himself, the Absolute Consciousness, He possesses the most important attribute of GOD, viz. Unconditional Love. God's Love is totally unconditional, whereas Human Love is based on several conditions. Sri Sathya Sai's Omnipresence can be easily felt because He does not attach any conditions for Loving His Devotees. His Love or His Constant Divine Presence has to be experienced in our day-to-day lives to understand the true meaning of His Omnipresence. To put it very succinctly, SRI SATHYA SAI is always with us through His Omnipresence and not through His Physical Presence. This is the most important aspect to be noted while interacting and being with Sri Sathya Sai in all the varied aspects of spiritual life and work which we undertake on a day-to-day basis, which is truly for our own spiritual upliftment.

Sri Sathya Sai, the Avatar of the Age, from His Divine Abode at Prashanti Nilayam, Puttaparti has been guiding man to reach his goal of contemplating, realising and merging with GOD for over 65 years. Devotees of all faiths from around the globe, irrespective of caste, creed, race and religion have been flowing into this Universal Spiritual Epicenter called Prashanti Nilayam since 1940, when the Lord announced His Divine Presence to the world. The seed of Love planted in 1940 has today grown into a huge forest of huge trees giving spiritual succor to crores and crores of devotees from all over the world, who are pouring into His Divine Abode, Prashanti Nilayam, in ever-increasing number, day after day.

Sri Sathya Sai says – ***“God is Omnipresent. Do not behave differently, when you are away from my presence”***. How true - God is Omnipresent we all know. But, we have to make a continuous effort to feel God's Omnipresence all the time. One cannot and does not see the physical form of God when one talks about God's Omnipresence. One can only feel his presence as one feels the air.

We cannot touch the air but can feel it. The Omnipresent God helps us to take steps in the right direction. We have this secured feeling that He is guiding our lives. God does not walk with us hand in hand, but we can feel the touch of His hands holding ours and guiding our steps in this journey called LIFE. What is LIFE – It is nothing but “LOVING THE INDEWELLER FOR EVER”.

There are millions of incidents of Sri Sathya Sai's Omnipresence wherever His Glory is sung by His Devotees, which have been continuously witnessed for over 60 years. Materialisations of Divine Ash known as 'Vibhuti', Kumkum, Sandal powder, Amrut (Divine Nectar), Teerth (Holy sanctified water), chains, locket, Rudraksh beads, precious stones, rings, bracelets, golden chains, divine Shivlingams in various shapes, colours and sizes, sudden consumption of prasadam (holy offering) to the Lord made by devotees in their homes, materialisations of Holy Robes in many homes through the photographs of Sri Sathya Sai are all tabulated physical signs by the Lord and Master of making the devotee know of His Omnipresent Visitations. The list is endless and limitless; it cannot be explained in writing but can only be experienced.

The feeling of Omnipresence of Sri Sathya Sai is quite unique in its taste. A Devotee who is called to visit Prashanti Nilayam automatically experiences this special feeling of Bliss within himself on his very first visit to Prashanti Nilayam. Why does this Happen? This happens simply because he or she has come to a land where the Supreme Creator who is LOVE INCARNATE HIMSELF lives and therefore automatically the devotee happens to partake off a little portion of this Divine Love and Bliss into his being while at Prashanti Nilayam.

The seed of Love is thus sown into the individual soul. This difference is immediately known after even a two-day stay at Prashanti Nilayam. This seed starts growing from within slowly and steadily. He or she wants to know more and more about Sri Sathya Sai and takes up reading of Sai Literature, enrolls firstly into various spiritual activities and later on undertakes Seva or Service related activities of the Sai Family.

As the divine experiences of Omnipresence of the Lord begin to manifest in a thousand different ways, he begins to crave for this more and more. What results is more discipline, more sincerity, more devotion, more truthfulness and more honesty in all aspects of day to day life, right from the time of rising till going back to bed. These instances of knowing His Divine Presence, which is simply HIS OMNIPRESENCE, increases in direct proportion to the divine urge of the devotee to know Him, love Him and be with Him.

Once the play between the Lord and His Devotee has commenced, there is a tussle and the Lord is always the Winner, the Devotee the Loser. The truth of the matter is that it is in losing the game to the Lord that you ultimately win His Omnipresent Love and Divine Grace, which is all that is to be achieved in this birth as a human being.

### **Chaitanya Jyoti -**

#### **The Glowing Flame of Sri Sathya Sai's Omnipresence**

One of the most outstanding expressions of Omnipresence of Sri Sathya Sai presented by His devotees from the entire world is the magnificent edifice of “**Chaitanya Jyoti**” at Puttaparti. It is truly the “**Lighthouse of Sai Omnipresence**”. In addition to being a Lighthouse, the Chaitanya Jyoti has another important function. It is also a Beacon for the Inner Consciousness of the ‘Chaitanya’, which exists at the core of our being. The Chaitanya Jyoti is an answer to the prayer “Tamaso Ma Jyotirgamaya” – from darkness, lead me to light.

The “Chaitanya Jyoti Museum” majestically and magnificently stands out as the **Lighthouse of the Sai Mission**. Just as a Lighthouse in the High Seas directs Ships to take the right course, similarly Chaitanya Jyoti shows the right course to chart our human ships on the raging seas of Samsara so that each of us could finally reach our goal of merging at the Lotus Feet of our Divine Lord and Master –Sri Sathya Sai.

The Chaitanya Jyoti helps the earnest seeker to feel the Omnipresence of God. The love of Sri Sathya Sai runs through

the entire museum. It is so wonderful to walk through this sacred museum where God's Omnipresence, Omnipotence and Omniscience could be inhaled, assimilated and enjoyed. A feeling of oneness pervades our entire being as we walk through its portals. The Omnipresence of God always reminds us to be truthful, honest and be devoted to him, which helps us in having a clear conscience. The beauty of Chaitanya Jyoti is the step-by-step process of confirming God's omnipresence, viz. His All Powerful Presence. Chaitanya Jyoti is a great help for the seekers of God to understand the concept of Divine Love, which is present in every one.

This extra-ordinary Museum helps the Devotees experience the Omnipresence of Sai not only during their visit to Chaitanya Jyoti and thereafter, but also makes them feel His Divine Presence all the time wherever they are by simply remembering the Divine and His Chaitanya Jyoti.

The Chaitanya Jyoti besides being a "**Lighthouse of Sai Omnipresence**" is also a Lighthouse, which helps us to ignite our Inner Consciousness, or the 'Chaitanya', which exists at the core of each of us. It is the outcome of humble and sincere prayers of Sai Devotees and other devoted sadhakas to uplift them from a state of confusion and spiritual despair to a state of extreme peace and bliss. The Chaitanya Jyoti is a Gigantic Spiritual Mansion built not only with tons of bricks, cement, steel and mortar but also with tons of divine love and with extraordinary skills for a great Mission by the Divine - and that is to lead all of humanity Godward so that each can recognise his innate divinity.

For an earnest seeker, his search for GOD ends at Puttaparti and the pathway to understand, assimilate, visualise and dwell on the greatness of God begins and ends with the Chaitanya Jyoti. It is interesting to note that thousands of earnest seekers who have passed through its portals wrote to us about the feeling of "Omnipresence of Sri Sathya Sai" through out the premises of the Museum.

The purpose of the Avatar for building such a wonderful monument is now crystal clear. According to Sri Sathya Sai, the Chaitanya Jyoti is an addition to the Wonders of the World. It is so unique that it will speak for itself now and for centuries to come. Just as a vocalist leaves behind his voice when he departs and a writer his works in print, for an Avatar it is monuments such as the Chaitanya Jyoti, which stand testimony to His Divine Presence on earth.

It is a matter of satisfaction that Chaitanya Jyoti is playing a significant role in spreading Sri Sathya Sai's message to all parts of the world and inspiring and motivating people to live according to His teachings and setting an example in carrying out selfless service with love and humility. This role will assume greater significance in the coming years.

While on the subject of Omnipresence, The divine words of Sri Sathya Sai during the First Anniversary Celebrations of the Chaitanya Jyoti at Prashanti Nilayam very clearly brings to the fore all that has been discussed above.

Sri Sathya Sai said,

***“Embodiments of Love, this Chaitanya, light of awareness is so beautiful. Not only beauty, you also experience bliss here. Chaitanya Jyoti represents the synthesis of the culture of different nations. Chaitanya, the awareness is the combination of beauty and bliss. In fact, awareness is so natural.***

***.....They built this building passing through a lot of stresses and strains, and had to exert a lot. If you want to make an ornament out of gold, the gold has to be put into fire. It has to be melted, hammered and then it should be stretched and cut and later it has to be crafted. Unless it is processed like this you do not get a beautiful ornament. Man to become divine, has to pass through stress. He has to undergo all the tests. We have to learn the first lesson that everything happens for our good.***

*...Today what we have to understand is Chaitanya. This Chaitanya is present from top to toe, within and without, inside and outside and everywhere and that is Chaitanya Jyoti and it is that consciousness, Chaitanya, which we are neglecting. We have to watch it carefully; otherwise we will not get the real wisdom. We should not go beyond the limits. We should follow the procedure."*

### **Benefits of Living in Sri Sathya Sai's Divine Omnipresence**

The greatest benefit, which accrues to a devotee through experiencing Sri Sathya Sai's Omnipresence, is a sense of supreme inner peace and contentment. The running around to temples and mosques and churches gets slowly and slowly curtailed until a time when these visits totally cease. You revel in the new found joy of knowing that God exists within oneself, in one's own heart first and foremost and therefore at the place where you physically reside, that is your home and then you cultivate the habit of regulating and performing your spiritual exercises from the confines of your heart and home. The heart and home then become your temples and that is how it should be. Wherever you are, you carry your temple and you then slowly begin to realise the truth, which Sri Sathya Sai has been repeating for more than 60 years in this Incarnation, that is, "...You are yourself GOD, but you do not understand this truth".

There is a new found silence within, some kind of noble silence, and you want to prolong and extend this silence for as much and for as long as possible. You retrace your steps from the rumblings and tumbling of the material world, because they do not attract you any more. You do not find any meaning therein. A feeling sets within that you have seen this external world of illusion and delusion and fallen a prey to it in many births. You start saying to yourself ...no, not again, this time around. It is here and at this point of time that your dependence and experience of the Omnipresence of Sri Sathya Sai increases manifold. You begin experiencing Him everywhere and in everything, in all situations and happenings, in all the various phenomena of life. Only He exists and only He, and

His Omnipresence is then Primordial, all else is merely a passing film. You start becoming a living witness to all that is going on. This is a wonderful state of being here and in the now, for which the greatest Sadhaka yearns for, life after life.

After understanding His Omnipresence, the second most important change is shunning of all ritualistic living, giving the least importance to rituals since they become meaningless then. Many new unknown experiences follow, they are fear of living wrongly, fear of wasting time, money and food, fear of losing one's temper, fear of unnecessary wasting time in judging men and branding them, fear of dangerous liaisons with the outside world, fear of attachment to wealth and other luxuries of living, et al. The list is endless. Slowly all earlier useless and harming thoughts are substituted by divine thoughts because Sri Sathya Sai begins to reside in the mind, intellect and the soul through his constant presence, which in fact is the "Omnipresence of Sri Sathya Sai ". He takes over your soul and your life and makes you a perfect instrument for carrying out His work as He wishes. He slowly and steadily raises you from a mere HU-MAN to a HE-MAN; here the HE stands for HIM, viz. GOD.

We have to learn and cultivate ourselves from now on to Live in His Divine Omnipresence. We have to learn to beckon Sri Sathya Sai to be with us everywhere and always, every minute of the day of every week and month and year, not only till he attains 96 years of age, but perpetually. Each of us needs to earnestly work in this direction. There have to be workshops and retreats which should be organised to discuss and deliberate on this issue of immediate importance, because this is one issue which Sri Sathya Sai has tried to teach all of us over the last several years, but it seems a large number of We Devotees have not been living in His Divine Omnipresence always.

## **Remove the curtain between you and Me**

Sri Sathya Sai says, “ If you want to have the Vision of Sri Sathya Sai, imprint His picture on your heart.”

If this advice of Sri Sathya Sai is followed meticulously, then the man-made curtain between Sri Sathya Sai and ourselves will disappear.

When the devotees go to Puttaparti and get the Divine Vision of Sri Sathya Sai and listen to His Divine Discourses with full concentration and devotion, they get immensely charged with Divine Currents but when they return to their towns, slowly and slowly, the Divine Influence becomes weaker and weaker. When they get fully immersed in their worldly activities, the Divine Influence gets further reduced.

Devotees (some of us) do take part in activities like Nagar Sankirtan, Bhajan, and Study Circle to maintain the impact. But the intensity of devotion in the presence of Sri Sathya Sai does not get fully restored.

This is because we create a curtain between Sri Sathya Sai and ourselves. To remove that curtain, we must change our mindset. Our mindset is that Sri Sathya Sai being at Puttaparti is far away from us. Further, we also worry due to His restricted movements in the recent times as compared to the past. But this is not a fact.

We must restructure our mindset so as to understand that Sri Sathya Sai may be physically at Prashanti Nilayam but due to His Omnipresence, He is with us also every moment.

Further, Sri Sathya Sai is keeping very well because He is ever smiling, ever joyful, ever showering love on us.

With this mindset and yearning prayer from a child’s heart, the curtain between Sri Sathya Sai and us will soon disappear.

We take a solemn vow on this Yugadi (Gudi Padva) Day to exert fully for changing our mindset to experience constant presence of Sri Sathya Sai, who is ever indwelling in our hearts.





**“Chaitanya Jyoti Museum”  
in Prashanti Nilayam,  
the Divine Valley of Sri Sathya Sai**

*To find Me, you have to be  
amongst those who know and believe,  
of my presence at all times.*

*I encourage you  
to be in Satsang always.*

*Surround yourself with those  
who have chosen to be truly Godward.*

*Be amongst those, whose eyes show contentment,  
whose lips only utter sweet and comforting words,  
whose acts show my indwelling with certainty.*

*The mind has to be trained to be quiet,  
and devoid of thoughts at all times.*

*Meditation has to be practiced daily,  
as a Sadhana to quiet the mind.*

*God speaks only when the mind is quiet,  
only when you lose your own identity, your ego,  
and when you recognise  
your indwelling divinity within you.*

*- Sri Sathya Sai*